

The first article examines how ADHD manifests differently in females, emphasizing that diagnosis often relies on male-focused studies. Females with ADHD face higher risks of internalizing disorders such as anxiety, depression, and borderline personality disorder, while males are more prone to externalizing disorders like oppositional defiant disorder. Hyperactivity and impulsivity are more noticeable in males, leading to higher diagnosis rates, whereas inattention--more common in females--tends to go undetected. Societal expectations and adaptive behaviors further reduce diagnosis and treatment referrals for females