10 basic life skills for self-development and improvement. So, in order to succeed in life and outperform others, you must work on developing your skills and mastering character strengthening exercises. Today, self-development and personality strengthening skills have become essential skills for success in modern life, as a competitive era has now begun, where only unique features can make you one of the most successful people in this world. However, people's desire and desire to learn new things that are useful for social advancement are always related to the field of self-improvement and personality development. 10 basic life skills for self-development and improvement. Here are the most important personal development skills that will help you have a strong personality.