

Shaikh Mohammed Bin Hamad Al Khalifa successfully climbed Mount Everest in May 2021 with his team. They are the first Bahraini nationals to climb Mount Everest and the first international team to climb the world's tallest mountain. Climbing Everest requires skill and experience due to its difficult climate and sudden weather changes. On the day they reached the summit of Everest, the team held the Bahraini flag at the top to mark their achievement. The climate of Everest is one of the most difficult things for climbers to manage. The Bahraini team trained in the Himalayas in Nepal two months before starting the climb. They climbed several smaller mountains as part of their preparation. It is very dangerous for climbers.