

Humans grow and develop throughout life. Humans simultaneously grow and develop in physical, cognitive, psychosocial, moral, and spiritual dimensions, with each dimension being an essential part of the whole person. Development is an orderly pattern of changes in structure, thoughts, feelings, or behaviors resulting from maturation, experiences, and learning. Development is a dynamic and continuous process as one proceeds through life, characterized by a series of ascents, plateaus, and declines. All people, regardless of age, have unique health care needs that result from their physical, intellectual, emotional, sociocultural, spiritual, and environmental dimensions at their developmental level.