

Readings Summary When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself. These are people over the age of 80 who have no chronic diseases such as high blood pressure, coronary disease or diabetes and who have never taken medication for these conditions. The main effect of this condition is to restrict the individual's growth to little more than a metre, but it also seems to protect them against both cancer and diabetes. It seems likely that it is an interaction of genes, the environment and ultimately a third factor beyond our control – luck. Even today, there are many, many people who have passed the landmark age of 100 – an age that seemed an impossible achievement only a few decades ago. In fact, there are now so many healthy, elderly people that a new term has been coined: the wellderly. The small village of Molochio in Calabria numbers about 2,000 inhabitants. In one small region there are a number of people with a genetic condition called Laron syndrome.