

We will discuss the relationship between dietary patterns and biochemical parameters among bachelor's nursing students (165).2015) who stated that looking into the cultural habits of the Saudi population, university students are not inclined to take breakfast at home and this habit obliges them to take unhealthy food in the campus thus leading to specific nutritional .deficienciesThis could be in accordance with (Majid Ghayour Mobarhan who stated that Serum concentrations of 25(OH)D were directly associated with (2021 adherence to the healthy dietary pattern (r: 0.170, p