

Food and food culture are among the main concerns of the Japanese people; Where they depend for their food on eating grains such as: rice, meat such as chicken and beef, and marine organisms such as fish, and the Japanese also eat seasonal vegetables, milk and its derivatives. The Japanese often use bamboo chopsticks to eat their food, while they eat fast food, sushi and bread with their hands, and they use ordinary kitchen utensils such as spoons and knives when eating meals of Western origin. One of the Japanese eating habits that indicate good behavior is carrying salad, soup and rice dishes with the left hand; As the Japanese eat soup directly without using spoons