

This study aims to explore the reality of the culture of practicing sports among women in Algerian society through a field study in the city of Constantine. We also identified the most important cultural and social factors that affect the culture of practicing sports among women in Algerian society, namely the prevailing values about women's bodies, customs, and traditions, and society's negative perception of the importance of women practicing sports. .Keywords: sports; culture; Algerian society; women. .