

Do you spend hours studying but don't get good results? This will help your mind associate those hours of the day and that place with the study after a while, and it will automatically go to the concentration mode.

15 tips to improve your productivity when studying

One of the great deadly sins concerning productivity is to get to work without organizing, prioritizing, and planning the tasks we have to do. If we don't do this pre-work, we may spend the morning working on something that is not too important and running out of time to do something. You can find apps to organize and plan your study, improve your concentration when researching, take notes, organize and share documents, learn languages, etc. For this, you can apply the Eisenhower method, an effortless and useful technique for assigning learning to distinguish the urgent from the important. To put this technique into practice, we must classify the tasks into urgent (they require immediate action) or non-urgent (they do not require immediate action) and essential (they help you achieve your long-term goals) or non-important (they do not allow you achieve your goals). Read faster, summarize better, underline notes, memorize in less time... There are multiple study techniques, and each one has a different purpose. Before you know it, you'll have established this new routine, improved your sleeping habits, and with it, your productivity. That's because many students don't know how to plan, have difficulty concentrating, and have their backpacks loaded with many lousy study habits that limit their results. You begin to revise schemes, annotations, etc. It is also recommended that you classify your study tasks according to their priority. Great!

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