While America is a land of abundance, it's also a land with a waste problem. Aim for furniture and textiles crafted from natural or recyclable materials whenever possible. Cut down on resource-intensive items such as clothes, plastics, and processed foods. - And while a few take more thought and planning, such as building a selection of permanent-use products, others only take wanting to make a change: Buy items that don't have a lot of packaging, or opt for recyclable packaging when you can. Cut down on single-use items like plastic bottles, paper plates, and aluminum foil. Invest in reusable bags, water containers, and more. Recycle paper, plastics, glass, and metals whenever possible. Choose refillable containers when you can.

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