Pollution is one of the most serious problems in the world today. To stop pollution, we need to plant more trees, use buses and bikes, recycle waste, and make strong rules for factories and companies. Water pollution happens when dirty water or plastic goes into the rivers and oceans. Pollution changes our lives by making the air hard to breathe, the water unsafe to drink, and the land full of trash. In this essay, I will discuss what pollution is, the different kinds of pollution, the causes, and how we can solve this problem. Pollution means making the Earth dirty and unhealthy. This waste harms animals, plants, and even people. Pollution can be seen everywhere today, especially in big cities. Air pollution comes from car smoke and factories. There are many kinds of pollution.