

Introduction (Sabouraud Dextrose Agar (SDA)). Principle The three essential components of the SDA medium, which confer the growth of fungi are peptone, dextrose (glucose) and pH. The mycological peptone (a mixture of animal and plant peptones) provides a nourishing source of amino acids and nitrogenous compounds while dextrose acts as a source of carbon and energy. The Sabouraud Dextrose Agar (SDA) or Sabouraud agar medium was first formulated by a French Physician Dr Raymond Jacques Adrien Sabouraud (pronounced sah-bu-ro'), in 1892 while investigating fungi which cause skin lesions. SDA is a selective media for fungal culture and primarily used for the isolation of Dermatophytes, yeasts and various other pathogenic and non-pathogenic fungi. However, for specific clinical uses, the traditional SDA media is often modified by adding various antibiotics to augment the antibacterial effect. Therefore, to increase the antibacterial action in addition to pH, broad-spectrum antibiotics (such as gentamycin, tetracycline, and chloramphenicol) are utilised. Only 20.0 g of dextrose and 10.0 g of neopeptone are used per litre of culture media in the Emmons version of Sabouraud Dextrose Agar and the broth, which has a final pH of 6.9 +/- 0.2 at 25°C. There are further SDA media types that vary in the number of components, content, and/or pH. These differences are intended to produce differential growth or to provide an advantage for the growth of particular species. In a glass beaker with roughly 900 mL of dd H₂O, suspend all of the ingredients (agar not included). Furthermore, the growth period, inoculum source, media composition, and usage of antibiotics all contribute to the reduction of outcomes. The conventional composition of the media does not include antibiotics but relied on low pH (5.6) for the inhibition of bacterial growth. The components mentioned above can be modified by adding the various substances as per the requirements of the fungi. The main application of SDA is the selective isolation of yeasts, aciduric bacteria, and dermatophytes. Among the applications are, but are not restricted to, mycological analyses of food, cosmetics, surfaces, air, and personnel hygiene. As an illustration of Isolation creeping in. o air quality monitoring: Petri plate lids opened for a predetermined amount of time at a predetermined location. Dermatophytes are a group of closely related fungi that can invade keratinized tissue such as skin, nails and hair of humans and other animals. SDA media also supports the growth of filamentous bacteria such as *Nocardia* spp. Different SDA medium versions exist with varying pH levels. If antibiotics are going to be used, the medium shouldn't be added until the stock solutions have been filter sterilised. After thoroughly mixing, transfer to sterile tubes or Petri plates for slants. This promotes the growth of fungi that need varying temperatures and makes it possible to identify dimorphic fungus. *Histoplasma capsulatum*, one of the dermatophytes or dimorphic fungi, needs two to four weeks of. Interpretation Of Results. Based on macroscopic features of the colony, such as morphology, texture, and colour, the results are interpreted. Whereas, agar (solidifying agent) aids to get morphological details of the colony. In the days before antibiotics, it was best to use culture media with a pH of 5.6 to reduce bacterial contamination. Reducing the amount of bacteria in the media is also aided by the percentage of glucose used. In environmental monitoring, it is also utilised for the recovery and total counting of moulds and yeasts. PH. At 25°C, the pH of SDA media is typically 5.6 +/- 0.2, which is mildly acidic. With the help of a magnetic stirrer, dissolve the ingredients in the beaker. Pour the broth into a conical flask or portion it out into smaller portions. Now, add agar in accordance with the medium volume (15 gms agar for 1L of media, for example). Use a liquid cycle and autoclave for 20 minutes at 15

psi (1.05 kg/cm²). The majority of moulds and dermatophytes are obligatory aerobes. Observing the colony's morphology from the bottom of the Petri plate is crucial. The final pH of the medium is adjusted to 5.4 – 5.8, preferably the 5.6 at 25 °C. pH plays an essential role in the selective growth of fungi. The majority of bacterial growth is halted around pH ~5.6. On this medium, however, bacteria that can survive in an acidic environment are able to proliferate. Bacteria grow rapidly when there is a high glucose content in the solution. This increases fermentation and acid generation, which in turn inhibits further bacterial growth. specimens from clinical cases of fungal contamination. Weigh each ingredient independently in relation to the media's volume. Using ddH₂O, adjust the broth till the final volume is 1L. The medium has to cool to between 45 and 50 degrees Celsius before adding these antibiotics. The inoculum source may affect the inoculation and incubation methods. This media is widely used for research and clinical studies. Both of these components help the rapid growth of the fungi. Sabouraud Dextrose Broth. SDB has the same formulation as above, without agar added. pH needs to be changed using 1N HCl and 1N NaOH. The medium's pH should be adjusted to 5.6 or the required level. Method Of Inoculation And Incubation. Typically, double inoculations are applied to the samples. o Yeasts are cultured at 28–30 degrees Celsius. o To allow for the flow of gases and moisture, keep the lid or cap loose. You can use heat to completely dissolve the medium. Use a cotton stopper to seal the flask's mouth. o Surfaces: sample of swabs. o It is recommended to incubate one pair at 22–25°C and the other at 30–37°C. Positive controls, or plates with a known inoculum, would be very helpful. Applications. Composition. Preparation. o fingerprints are used to monitor personal hygiene. 1. We are thinking about 1L of the media here. 2. 3. 4. 5. 6. 7. 8. 10. 11.