Early Sugarcane cultivation Sugar is a substance filled with natural sweet ingredients that pack high concentration of calories and flavors that can greatly enrich our food and calm our emotions and mood swings. Their knowledge of this incredible plant slowly moved across Southeast Asia, southern China, until it reached India, which was home of the first organized sugar production. First they used simple techniques of chewing sugarcane in an attempt to get to the sweet fluids filled with sweet Sucrose, but around 350AD they managed to devise a way to crystalize it in a more portable form. First ones who managed to find that plant were civilizations from New Guinea, who some 10 thousand years ago successfully domesticated, sugarcane. Because of that, early human civilizations tried to find and cultivate plants and fruits that had the most amount of sugar in them. India and its perfect climate for sugarcane plantations used sugar in several distinct forms.