

he mean age of participants was 20.71  $\pm$  3.89 years (range 18–46 years). In the current study, the coping strategy most frequently used by students was problem-solving, followed by social support and cognitive restructuring. There was also a significant relationship between the total amount of perceived stress and the following domains of the coping behavior inventory: problem solving ( $r = -.452$ ,  $p.01$ ), self-criticism ( $r = .408$ ,  $p.01$ ), wishful thinking ( $r = .459$ ,  $p.01$ ), social support ( $r = -.220$ ,  $p.01$ ), cognitive restructuring ( $r = -.375$ ,  $p.01$ ), and social withdrawal ( $r = .388$ ,  $p.01$ ). Senior nursing students perceived higher levels of stress than novice students.