

There is a statistically significant improvement (p-value = 0.081553, with "p.05" typically indicating significance) in UDI-6 scores following the intervention. The average UDI-6 score was 6 with a standard deviation of 1.265. This indicates a moderate level of urogenital distress symptoms experienced by the patient before using the mobile app. The average UDI-6 score dropped to 0 with a standard deviation of 0. This suggests a significant reduction or even complete absence of urogenital distress symptoms after using the mobile app for self-management.