

I'm sure you know that smoking harms your body. Smoking also causes deadly diseases such as cancer and reduces the length and quality of your life. The second reason that prevents you from smoking is the large amount of money you spend on it. You may start smoking only when someone offers you a cigarette, but there will come a day when you feel the need for a cigarette and by then, you will pay any amount to smoke, and each time you will smoke more and thus spend more money. Summarizing the idea or purpose of a book or article The first reason why you should not smoke is that smoking affects your health. If you smoke, your physical condition will be negatively affected, and therefore it will be very difficult for you to succeed in sports. Some of them are that smoking affects your health, that you spend a lot of money on cigarettes, and that when you smoke you do not respect the people around you. All the money you would have spent on cigars could have been spent on nothing Better, don't you think? Would you like that?