Regular Medical Follow-up: -Schedule regular follow-up appointments with the patient's primary care physician or specialist to monitor their condition and adjust treatment as needed.Education and Self-Management: -Offer educational materials or resources that provide comprehensive information on the patient's condition, including self-care strategies and symptom management .Medication Management: -Ensure the patient has a sufficient supply of medications and provide instructions on how to refill prescriptions -Discuss the importance of medication adherence and the potential consequences of non-compliance.Ongoing Monitoring: -Educate the patient on the importance of regularly monitoring their blood pressure,and any other relevant health parameters.-Discuss the frequency of monitoring and the need to report any significant changes or concems to their healthcare provider.2.3.5.

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