Should Homework Be Banned? For years, teachers have required extra math problems, spelling words, and other assignments to be completed outside regular class times. But with the increasing pressures of modern–day life, there is a growing call for homework to be banned. After spending all day at school, a few hours 'downtime' spent watching television, playing computer games, or exercising outside is essential for a healthy, fun–loving child. If the teacher cannot fit everything that is needed to be taught into the lesson, then being able to assign homework is essential. In fact, the government's health guidelines recommend that people aged 5–18 exercise for at least 60 minutes a day. In conclusion, there are many strong arguments for and against banning homework from schools. Anyone who has ever been to school knows what it is like to be sent home with piles of homework. Here are some of the arguments for and against. Many people see homework as an important part of school life, almost like an extension of the lesson. On the other hand, aren't children entitled to a break from learning? On balance, I don't believe homework should be banned because it really is an important part of learning. This way, students can continue the learning at home, which helps their understanding and knowledge of the subject.