One day, I went shopping with my friend (اسم صديقه) at Oman Mall. We wanted to buy a new bag, so we entered the nearest store that sold bags. I chose a red bag and bought it, while my friend chose three bags of different colors. After paying the seller, my friend started buying things she didn't need. I asked her why, and she admitted to having a shopping addiction and spending a lot of money on unnecessary items. To help her, I suggested that she write down all the things she needed on a piece of paper before shopping and only buy those items. This way, she could save money. She thanked me for the advice.