

A 54 years male patient got admitted in a private hospital with a chief complaint of swelling bulging of veins in the lower limbs [Figures 1–3]. On color Doppler ultrasound scan (this test provides color images of the structure of veins and identify any abnormalities, it can also measure the speed of blood flow) it shows venous stasis (decreased in blood flow through vein) and small clots in the veins of left and right lower ankle and foot. On Doppler test, an ultrasound scan to check the direction of blood flow in veins, checks for blood clots and obstructions in veins. Initially he visited ayurvedic physician where he prescribed an ayurvedic medication (chandana tilam). On further inquiry he also describes restlessness, occasional cramping bilaterally, feeling tired and heavy at the end of day. The patient has undergone an endovenous laser therapy (EVLT).