

What is meant by aldosterone?The aldosterone hormone has many functions, most notably: maintaining the balance of levels of some types of electrolytes, and regulating blood pressure levels, so this hormone is classified as (mineralocorticoid hormone).If the levels of this hormone in the body deviate from normal levels for any reason, this imbalance can lead to various health complications in many organs of the body, such as: the heart, brain, and kidneys.It is a hormone that is usually produced in the Cortex area of the adrenal glands located above the kidneys.