

Dear Lujain I understand that you are having difficulty adjusting to your new work environment. With patience and perseverance, you will be able to overcome these challenges and become successful in your new job. A mentor can help you understand the company culture and provide advice on how to handle challenges. Talk to your manager or co-workers to see if there is anyone willing to provide guidance to you. However, there are some things you can do to improve your situation. First, connect with your coworkers. Try to get to know new co-workers and talk to them. You can join work groups or attend social events organized by the company. Second, find a mentor. Having a mentor at work can be very helpful. Adapting to a new work environment takes time. It can be difficult moving to a new environment, especially if you don't know anyone. This will help you build personal relationships and feel more comfortable at work. Finally, be patient. Don't expect to feel relief right away. best wishes, [Aryam]