We live in herds known as "elephant herds," usually consisting of females and young. Elephants have strong social bonds within the herd, and cooperation appears among us. We are distinguished by our tusks and proboscis. When you mention an elephant, the first thing that comes to mind are tusks. We use tusks for defense as well as to communicate with each other. Elephants. We use the proboscis to pick up food, drink water, move things, and even for social interaction with members of the herd.