

many people are scared of birds,I an one of them.I was attacked by a bird when I was young.I hated being scared every time a bird flew next to me,so I decided to change that.many birds spread seeds and pollinate plants.they also reduce weeds and control pests from spreading.next,I started going to places where birds come in flocks,to wath them colsey.Eventually.finally,I visited a birds colony and had a parrot stand on my hand,It was weird but amazing at the same time.first,I read a lot about different kinds of birds.I read about useful birds that help the planet nourish.I became comfortable around them and wasn't scared.