

Conclusion and Discussion In conclusion, suicide has various definitions and meanings, yet it continues to evoke feelings of sadness and tragedy worldwide. The alarming spread of this phenomenon to seemingly safe and secure cities around the world is truly frightening. Kuwait is not immune to this issue, which is why it is crucial to address and prevent it. There is no denying that suicide rates have been on the rise in recent years, attributed to various factors. Furthermore, studies have indicated that suicide can often be predicted in advance, providing opportunities for intervention and prevention. Ultimately, there are numerous strategies available to prevent such tragedies from occurring.