When the two 1s wave functions combine out-of-phase, the regions of high electron probability do not merge. It should be clear that any electrons that find themselves in an antibonding orbital cannot possibly contribute to bond formation; in fact, they will actively oppose it. We see, then, that whenever two orbitals, originally on separate atoms, begin to interact as we push the two nuclei toward each other, these two atomic orbitals will gradually merge into a pair of molecular orbitals, one of which will have bonding character, while the other will be antibonding.