

Autism spectrum disorder (ASD) is one of the fastest-growing neurodevelopmental disorders. The adaptive task of managing distressing emotions brought on by the child's illness and preserving a reasonable emotionalChildren with ASD suffer cognitive and social impairments, these actions may result in parental humiliation, societal marginalization, and solitude, additionally, stigma is a problem that not only could have an impact on the high-functioning autistic person but also on their family. One of the problems facing ASD children is stigma which is defined by Goffman (2009) as "a process whereby someone's normal identity is spoiled by other people's reactions. A person who possesses a trait that is highly despised by his or her society may experience this phenomenon and be rejected as a result". By cultivating and maintaining a positive attitude, caregivers of individuals with autism can enhance their own well-being, strengthen relationships, and navigate the adjustment process more effectively. ASD is characterized by social communication difficulties as well as the appearance of narrow interests and repetitive activities (Hodges et al., 2020).