

We started this study because we believed it was important for students. Poor memory contributes to deaths in some cases and the inability to remember and forgetfulness, which confirms the importance of memory quality among students. The result influences our initial thinking by knowing that students care about their memory but have some incorrect beliefs. The results show that not all students follow one type of place that helps them remember things like studying from a literature review. We noticed topics that most students needed but struggled to easily integrate reliable information on. We believe that one of the causes of poor memory is inattention to the teacher. One limitation that we had is we couldn't reach all students, and some of them didn't respond to the survey. Our hypothesis was partially correct, but some of the people had incorrect information in their memories. One study found that reducing stress can help improve the quality of memory, while another found that memory quality affects our health and our ability to remember things from different places and times. Most of them answered correctly, but they did not understand the idea that we communicate in our lives, and they cannot understand it partially. Before starting the study, our assumption was that most students have good memory abilities. They should delve deeply into the issue of memory quality because it is very important and affects their lives. There are many types of memory.