

The Transition movement engages in a wide range of activities, including:

1. **Policy Advocacy:** Advocating for policies that support renewable energy, local food production, sustainable transportation, and community resilience at local and regional levels.
2. **Local Economies:** Supporting local businesses, promoting bartering and local currencies, and encouraging economic resilience through diversification.
3. **Community Gardens:** Establishing and maintaining local gardens to promote food sovereignty and reduce dependence on imported goods.
4. **Energy Initiatives:** Implementing renewable energy projects such as solar panels, wind turbines, and community-owned energy cooperatives.
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