Answers 1.Use the subjunctive and Id like you / I want you + infinitive Answers – It is necessary that you have healthy lifestyle to be healthy and strong I want you to stop smoking – It is essential that you eat healthy food and balancing diet – I recommend that you take a nap – It is important that you have to do exercises every day 2.It's essential that you brush well twice a day 5.I want you to study the new proposals very carefully 7.I recommend you cut your hair short 2.