

In our rapidly changing times, the idea of sharing household chores between the stars has become a topic of great importance with the civilization and the change that is happening in 21. But despite the psychological and moral benefits of participation, the idea of accepting the participation of spouses in household chores has not yet taken a smoother path among societies, which shows that the people who agree with the idea are more than those who reject it, which shows the advanced awareness that has begun to grow among people's ideas. The idea of balancing housework was considered to be a task for women only, but due to the development and changes in work and lifestyle and the entry of women into work in order to create a balance in society, the issue of balancing housework has become shareable, which helps reduce tension and fatigue between partners and strengthens the feeling of teamwork and partnership, the most important elements that build a strong foundation for a relationship and stability. It will increase the strengthening of intellectual growth because children's participation in the intellectual side of the couple supports emotional and intellectual growth and builds more intelligent and emotionally fulfilled generations. Many of the old traditions and reliance have changed with the development and changes that are happening in our society, and the topic of sharing between spouses has become one of the most important topics because the century is considered a necessary matter for personal growth and societal development. 2: Childcare is one of the most important things to share. 1.