

Addressing micronutrient deficiencies: Interventions aimed at improving the micronutrient status of children can have a positive impact not only on their growth and bone mass but on their degree of educational achievement and their productivity as adults (Micronutrient Initiative & UNICEF).^e Calcium is low, in some children's meals so, an increased intake of dairy products and dietary calcium significantly increases their bone-mineral. Numerous interventions that rely on a) Fortified foods have been tested using school-based feeding programmes as a vehicle. b) Foods that are naturally rich in nutrients are, of course, another option.