Current Status of the Therapeutic Community Milieu therapy came into its own during the 1960s through early 1980s. Hall (1995) stated: Care in inpatient psychiatric facilities can now be characterized as short and biologically based. The current focus of inpatient psychiatric care has changed. Some programs (e.g., those for children and adolescents, clients with substance ad? dictions, and geriatric clients) have successfully adapted the concepts of milieu treatment to their spe? cialty needs Patients were encouraged to be active participants in their therapy, and individual autonomy was emphasized.