

Some women will give birth in the home with a skilled attendant; others may not have a skilled attendant present.8–Talk to them about when they can resume sexual relations and the importance of condom use to prevent STI and HIV transmission (see Sessions 12 and 14).3–The importance of the new mother eating more and healthier foods – discuss in the context of local practices and taboos to ensure women have access to good nutrition.9–Discuss infant feeding and breast care (see Session13) and the importance of only taking prescribed medicines when breastfeeding.Following childbirth at home, it is important that the mother and baby receive a postnatal examination as early as possible, preferably within 24 hours of birth.