Not many people have the chance to visit the North and South Poles. Their nostrils can close so they can swim underwater and between the ice floes to look for seals, their favourite food. Unlike polar bears, penguins live in Antarctica. If you went on a special adventure boat trip when you visited, you would be able to observe the unique wildlife of these places, like polar bears, penguins and seals. Like polar bears, 30 penguins are excellent swimmers. It also has a thick layer of fur all over its body, including the soles of its feet, which allows it to swim in the coldest seas without feeling the cold. The polar bear lives in the cold, snowy Arctic lands in the North Pole. You would be unlucky if you didn't see any seals.