The video is titled "How to Create a Custom Theme in WordPress with a Child Theme". The speaker, A Plus Themes, is going to show you how to create a custom theme in WordPress using a child theme. This allows you to modify the appearance and functionality of your website without affecting the parent theme. Here are the steps the speaker is going to take you through: Create a Child Theme: First, you need to create a child theme. This is done by creating a new folder in your wp-content/themes directory. Name this folder something like "twentytwentyone-child".