The modern Olympic Games began in 1896.The ancient Olympics began in 776 BCE In Olympia in Greece and they took place every four years until 394 CE. The first Games were a one-day event and had just one running race.There were also running races, horse races, chariot races, boxing and wrestling.About 40,000 spectators travelled to Olympia to watch the Games.Some walked for days; others came by sea from places as far away as Spain, Italy and Egypt, On the final day of the Games there was a big celebration for all the competitors.A cook called Koroibos won the first ever Olympic race.Winning was everything.

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