

Prevention of Hypoglycemia (Insulin Reaction) Make sure pt has normal meals along with insulin o AM appointments best – avoids peak insulin action o Watch for hypoglycemic symptoms Mood change, hunger, anxiety, tremor, headache, lightheadedness, sweating, nausea, tachycardia o Tell patient to advise you at first onset of symptoms o Check with glucometer if patient becomes symptomatic o Treatment oral CHO (sugar, OJ, cola, candy, cake icing) do not give oral CHO if unconscious!