the prostate is a walnut-shaped and sized organ that resides below the prostate a great option for men who wish to have children, but also have enlarged prostate, is the revolutionary urolift procedure, which can treat bph without causing secondary infertility issues coincidentally, medications to treat bph or enlarged prostate, such as flomax, uroxatral, alfuzosin, tamsulosin, terazosin, hytrin, proscar, and finasteride can all contribute to male infertility symptoms include pushing and straining to urinate, urinary urgency and frequency, and nighttime urination.