

I knew that in volleyball 5 skills and the five is (forearm pass, overhead pass, serve, spike, block) and, I learned that 6 players on a team, 3 in the front row and 3 in the back row. the forearm pass skill is A ball played off the forearms in an underhand manner. Also, spike skill is spiked including hard-driven spike, off-speed spike, open-handed tip as well as standing spike.