

Hope you're doing great. As the examination season draws near, I wanted to reach out to you and offer some advice and words of encouragement. I've got your recent letter and learned about the problem, which you seem to be currently facing at your school. I understand that this period can be quite stressful, but I want you to remember that stressing too much can do more harm than good. But maybe there are other ways to get the support you need, like talking to a counselor or switching up your schedule or finding something more aligned with your interests.