Instead of using retirement to relax, many Japanese and Saudis prefer to put their skills and knowledge to the best use for society and have gone back to work. In Saudi Arabia many new opportunities can be employed and exploited by the retiree, for example: First: Establish any economic project, whether in the field of commercial or service businesses Second: Participation is voluntary and humanitarian work Third: Providing studies, consultations, and training in his field of specialization Fourth: Benefiting from his talents, skills, and hobbies in promoting their actual practice of them and transforming them into productive work to be a new source of income for him. In Japan, there is an excellent system that enables government institutions, civil society organizations, and NGOs to benefit from the expertise of retirees by re-appointing them as consultants, with a slight change in their working hours, in line with their age. It also includes teaching retirees how to cultivate orchards, methods of raising fish and birds, and handicrafts. In Japan, many associations and institutions are concerned with the affairs of retirees. There are no tuition fees.