Reasons for Dora's Symptoms: Dora's symptoms of tiredness and lack of time for rest may stem from various factors related to her transition to university life..2 Cognitive Strain: Constantly assimilating new information and preparing for classes without sufficient rest can strain Dora's cognitive abilities, impacting her concentration and memory retention. Reactions to Objective Learning Factors: .1 Physical Exhaustion: Dora's body may react to the demands of university life by experiencing fatigue, as her schedule may be packed with lectures, assignments, and studying.