this is smoking. Common symptoms are headaches, high temperatures, fatigue, coughing how we can solve these issues. This can be a symptom of more serious problems such as lung cancer or cardiovascular disease. There are a number of things that make this worse, resulting in an epidemic. The problem with this illness is that if one person has it, it easily spreads throughout the community. It is easily spread One of the main issues that people in my community come to me with is viral infections, such as the common cold or flu. One of the main causes of So, in my community, which has a large population, this can be quite serious. One key cause of this is poor hygiene. Another problem people often experience is pain in their chest and difficulty breathing. when many people come into contact with each other either through where they live, work or go and sneezing.