[6:38 pm, 19/04/2024] Israa Meslh: The husband and children make a new home without the alcoholic Stage 7: Recovery and reorganization of the entire family. Use the NJ process 1- Evaluation: By collecting personal and objective data about the person suffering from alcohol addiction. Personal data For nursing people who use or drink alcohol pattern Data and time of last drink - tremors, hallucinations, delusions or delirium tremens (DTs). Objective data: must be evaluated Abnormal response to preoperative medications, anesthesia or sedatives, or performance [6:39 pm, 19/04/2024] Israa Meslh: Mental, etc. Blood tests indicated A - Increased liver enzymes B - Hypoglycemia C - Low Mg2+ level etc. Urine testing is not used to detect alcohol because it is metabolized very quickly. Blood alcohol levels are more accurate: as an activity in carrying anxiety - denial, in fear. - Increase or decrease in fluids - Maintaining health - In urine - Infection, injury - Deficit in self-care. 3- Implementation: A- Primary prevention: Helping pts prevent alcohol and drug problems before they begin. The key to prevention is education. B- Secondary prevention: Rapid Dx & Rx guidance can be important in helping alcoholics [6:41 pm, 19/04/2024] Israa Meslh: abusers to once again become productive members of society More & more programs are developed to detect substance abusers. c- Tertiary prevention: الأدوية التي تخفف من تأثير الكحول في الدم. :Medication - As Librium, an it convulsant etc. - Nutrition therapy Nursing care Education about the disorders associated with alcohol abuse as: - Hepatic = Hepatitis, cirrhoses 1 = Ca of mouth and esophagus, Irritation of stomach or pancreas etc 2- GTI 3- Neurological = Brain disease, neuropathies disorder of peripheral nervous 4- Cardio vascular = CHF. Increase BP. Increase cholesterol level, decrease blood level etc- 5- Musculoskeletal = Disorder of muscles (myopathies) gout etc. 6- Immunological = Increase susceptibility to infection. 7- Skin = Absesses, rashes 8- Psychological = Depression, anxiety etc 4- Evaluation: CHN needs to assess the entire family system, to ensure that all members are Moving to ward recovery

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