

● In 2020, nearly one in six deaths was caused by cancer, making it the leading cause of death worldwide (Chou, 2019). ● The studies that were researched and discussed the quality of life concerning cancer patients. ● A study was conducted in Poland to see if disease awareness is associated with a higher quality of life for breast cancer patients (Omińska et al., 2022). A number of 202 women. ● Another cross-sectional descriptive study conducted in Korea (Johansson et al., 2018). There were 46 participants in the study. ● According to the study, Chinese cancer patients' quality of life can be improved by increasing their ability to take care of themselves and exercise good self-control ● Omran and Mcmillan (2018) conducted a second study in which they looked at the connections between preexisting factors, mediating variables, and the quality of life of cancer patients. 314 cancer patients participated in this study. ● A Saudi Arabian study looked at the connection between self-efficacy and quality of life (Hashim & Khalil, 2018). 86 patients with gastrointestinal or breast cancer participated in this study. ● Kugbey et al.'s (2020) qualitative phenomenological study was conducted in Ghana. This study used semi-structured in-depth interviews to examine how women receiving breast cancer care perceived their illness and their coping mechanisms.