Mental State Examination It is a cross–section of the patient's psychological life and the sum total of the nurse's observation and impressions at the moment. It includes observing the patient's behavior and describing it in an objective, nonjudgmental manner. Pupil Dilation or Constriction. Content of the Examination: 1. Documenting Clinical Information. Motor Activity. Interaction during the Interview. Perceptions. 2.3.4.5.6.8.9.11.12.13.14.15.16.