

Tea was invented in 2727. After that excessive addiction that causes diseases, the person feels anxious and inability to sleep because of too much insomnia. May you always be happy. Emperor Shen... Then the emperor fell in love with this drink. So tea became a popular drink in Chinese culture. Tea advantage: One of the advantages of tea is to reduce stress and help the tea without sugar enhances blood circulation. Including increasing tension and anxiety. Diarrhea, Stool, lack of sleep, heart and digestion.