

Skills Checklist: Making an Occupied Bed 1. Place a fitted sheet on the half of the bed you are working on. Place the lift sheet and soaker pad in the same manner, fan folding them under the resident. Pull through the fitted sheet, lift sheet, and soaker pad, ensuring there are no wrinkles. Maintain respectful, courteous, and professional communication at all times. Procedure Steps: Place a clean barrier on a flat surface, flip linens over, and place them on the barrier so the fitted sheet is on top. Begin rolling soiled linens to the middle of the bed and under the resident. Assist the resident to a supine position. Make mitered corners at the foot of the bed by doing the following: Tuck the entire end of the sheet under the foot of the bed. Make a toe pleat (i.e., a pleat in the sheet which allows an individual to move feet) to prevent pressure. Remove the soiled linens and place them in a linen bag. Place the angled sheet on top of the bed and tuck in anything hanging below the bed frame. Put a clean pillowcase on a new pillow and exchange it for the soiled pillow. Repeat for multiple pillows. Place the call light or signaling device within reach of the resident.3.4.