

Addressing micronutrient deficiencies: Interventions aimed at improving the micronutrient status of children can have a positive impact not only on their growth and health but on their degree of educational achievement and their productivity as adults (Micronutrient Initiative & UNICEF,). e) Calcium is low, in some children meals so, an increased intake of dairy products and dietary calcium significantly increases their bone– mineral.f) In rural South Africa, primary school children were given biscuits fortified with beta–carotene, iron, and iodine. c) Supplementation of a child's diet with milk and other dairy products.